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Royal Thai Sculpted Dumplings

In this class Chef Poranee will teach you how to make these unique dumplings that in the olden days were a part of Royal Thai Cuisine.

Chor Muang ช่อม่วง (Thai Royal Flower Dumplings) Khanom JeebThai ขนมจีบไทยดัวนก (Steamed Snowbird Shaped Dumplings) Plaited Dumplings ปั้นสิบนึ่ง (Twist-Plaited Vegetarian Thai Dumplings)

100g

2 tsp

2 tsp

75 ml

1 Tablespoon

2 Tablespoon

1 Tablespoon

2 Tablespoon

1 Tablespoon

few drops

Ingredients (this will make around 25 pieces)

Dough

Rice Flour Glutinous Rice Flour Potato Flour Arrowroot Flour Water Coconut milk Vegetable oil Food colouring (purple)

Flour - for kneading

Potato Flour Rice Flour

Fillings:

Mince chicken/pork100gCoriander pepper and garlic1 tsp(blend it together by mortar or blender)20gChopped onion20gMaggi sauce1/2 tspSugar1/2 tspSoya sauce1 Tablespoon

Vegetable filling

Bamboo shoot (finely chopped) Shiitake mushroom (finely chopped) Onion (finely chopped) Maggi sauce Sugar Palm sugar Soya sauce Veqetable oil 50g 20g 20g 1/2 tsp 1/2 tsp 1 Tablespoon 1 Tablespoon 1 Tablespoon

Put onion into a wok with vegetable oil cook until soft, add all other ingredients stir until it reduces to a dry mixture, put aside to cool.

Extras

Crispy fried garlic Salad leaves Coriander Tool (brass tweezers)

METHOD

Mixing dough Put all flours into a deep pan. Mix water, coconut milk and oil together, add slowly into flour (make sure that there are no lumps) Put into a pan with medium heat, keep stirring and let it cook for 70%.

Turn it out to a board and knead until it forms a smooth dough

Divide the dough into small ball around 2 cm.

To make dumpling plain shape (white dough)

Flatten each dough into a circle about 5cm diameter, add a teaspoon of filling; cover it into fan shape, pleat the edge by twisting the dough by hand

To make flower shape (purple dough)

Flatten each dough into a circle about 5cm diameter, add a half teaspoon of filling roll into a ball shape, pleat equally around the ball shape using the tweezers to form flower.

To make chick shape (white dough)

Flatten each dough into a circle about 5cm diameter, add a half teaspoon of filling cover it, mould into a shape of teapot pleated round in a shape of chick using the tweezers.

Steam

Steam for 5 to 6mins to cook.